

2025



# ANNUAL REPORT

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Nascentia   
Health  
Charitable Foundation

# LETTER FROM THE CEO

## *Honoring Our Legacy*

As we celebrate Nascentia Health's remarkable 135 years of caring for our community, I am filled with deep gratitude for the generosity and partnerships that have made this legacy possible. For more than a century, our mission has been guided by compassion, dignity, and a commitment to meeting people where they are, and this past year has been no exception.

Your support continues to make a profound difference in the lives of those we serve. Every day, our staff witnesses the real and growing needs within our community, and because of you, we can respond with innovation, empathy, and meaningful impact. Together, we are carrying forward a tradition of care that has touched generations while building a stronger foundation for the future.

Reaching 135 years is a celebration of all we have accomplished, and a look ahead at the work still to be done. With your continued partnership, we will keep expanding our ability to provide essential services, strengthen families, and uplift the community.

Thank you for being an essential part of our story. Your belief in our mission fuels our growth, inspires our efforts, and ensures that the next 135 years will be just as impactful.

With heartfelt gratitude,

Kate Rolf



*President & CEO*





## OUR MISSION

The Nascentia Health Charitable Foundation's mission is to increase awareness of our most vulnerable populations, to raise funds to address their unmet needs and to better serve their well-being across the regions that we serve.

The Foundation also supports the education and development of in-home care providers, to enhance the availability of highly qualified caregivers that attend to our most vulnerable, well into the future.

## A MESSAGE FROM OUR BOARD

"What inspires me most about our Foundation's work is its range and humanity. We respond to immediate needs, like food, warmth, safety, while also investing in solutions that restore independence and hope. These moments, large and small, define our commitment to caring for the whole person, not just the diagnosis."

Nascentia Health Charitable Foundation Board Chair - **Rachel Galusha**

"As someone who has been involved with Nascentia for nearly 20 years, it has been amazing to see how much this organization has grown during that time and the impact they've had on so many in our communities across Upstate New York. The Nascentia Health Charitable Foundation has played a vital role in supporting Nascentia's mission, which wouldn't be possible without the support of our generous donors."

Nascentia Health Board Chair - **Kevin Wade**



# YOUR SUPPORT CHANGES LIVES

Every gift to the Nascentia Health Charitable Foundation helps provide comfort, safety, and independence to pediatric and adult patients across Central New York. Your generosity brings dignity, security, and hope into the homes of those we serve each day.

Therapeutic toys that support development and engagement

**\$50**

Adaptive feeding or positioning equipment

**\$100**

Safe, supportive home furnishings for patient comfort and recovery

**\$250**

Specialized pediatric medical equipment for home care

**\$500**



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Make a secure credit card donation:  
[nascentiahealth.org/foundation/donate](https://nascentiahealth.org/foundation/donate)



**DONATE  
BY MAIL**

Use the enclosed envelope to  
donate by check or credit card.

# SUPPORTING GROWTH, ONE MEAL AT A TIME

For Garret, something as simple as sitting safely for a meal was once a significant challenge. Because he is unable to hold his head up or sit independently, mealtime required constant vigilance and presented real safety concerns for his family. Without proper support, everyday moments carried unnecessary risk.

Through the Nascentia Health Charitable Foundation, Garret's clinician, Kara, was able to secure a specialized highchair designed with a reclining seat and safety harness to support his unique needs. She personally assembled the chair upon delivery, ensuring it was ready for immediate use and properly fitted for Garret's comfort and safety.

Since receiving the chair, Garret has been able to participate safely and comfortably in mealtime, turning moments of risk into moments of connection. As he grows stronger, the adaptive chair will continue to support his development providing lasting benefit and peace of mind for his family.



# RESTORING INDEPENDENCE THROUGH SAFE MOVEMENT

For Stacy, everyday movements became a serious challenge following spinal fractures and a complex medical history. She was unable to safely transfer herself, and traditional caregiver-assisted lifting caused pain and risked further injury. Without the right equipment, routine activities like moving from a chair, using the bathroom, or getting into a car were unsafe and exhausting.

When insurance would not cover a Turner Pro Transfer Aid, the Nascentia Health Charitable Foundation stepped in. With this specialized device, Stacy can now transfer safely between the toilet, chair, and car, dramatically reducing the risk of injury for both her and her caregiver. More than improving safety, the transfer aid has restored dignity, confidence, and greater independence to her daily life.



*“Having the right support in place transformed daily care from a constant risk into a safe, manageable routine.”*



# SEEING POSSIBILITY AGAIN

At just 44 years old, Kyle is legally blind and managing multiple complex health conditions that make everyday tasks difficult. Reading appointment details, tracking his daily schedule, and navigating independently posed constant challenges, creating barriers not only to independence, but to accessing the care he needs.

When financial hardship and lack of insurance coverage made Meta Smart Glasses unattainable, the Nascentia Health Charitable Foundation stepped in to provide the technology recommended by his care team. With the glasses, Kyle can now read printed materials, navigate unfamiliar environments, and identify objects more independently. This support has reduced daily obstacles, strengthened his confidence, and restored a greater sense of control over his life.





## SPREADING JOY AT THE HOLIDAYS

Each holiday season, the spirit of giving comes alive across Nascentia Health. Our staff look forward to this time of year with deep compassion, knowing how much the holidays can mean to the individuals and families we serve.

Annually, our care teams submit nominations for families facing significant need. From a long and thoughtful list, the Nascentia Health Charitable Foundation selected six families to support, reflecting both the depth of need in our community and the close relationships our staff build with those in their care. Through this program, families receive carefully chosen essentials and enrichment items, meeting immediate needs like safe sleeping arrangements, nutrition, and personal care, reflecting our commitment to responsible stewardship and meaningful support.

The generosity of our supporters makes this tradition possible. Staff members volunteer their time to shop, wrap, and deliver gifts, and our Pediatric team gathers each year to wrap gifts together, often in the home of one of our nurses turning compassion into action.

**Thanks to our donors, these moments of kindness extend far beyond the holidays, reminding families that they are supported.**





## **BRINGING COMMUNITY TOGETHER**

Nascentia Health celebrated the success of its 13th annual Raise a Glass fundraiser at Timber Banks Golf Club, welcoming supporters both in person and virtually from across Central New York. The strong turnout reflected the deep community commitment to advancing the mission of the Nascentia Health Charitable Foundation.



Proceeds from the event directly support patients of all ages by providing financial assistance, medical equipment, and home modifications that enhance comfort, safety, and independence. Since its inception, the Foundation has helped thousands of individuals and families remain safely at home while also supporting ongoing training and education for clinical teams. Nascentia Health extends sincere gratitude to its sponsors, partners, and donors especially Diamond Sponsors KeyBank and Solon Quinn Studios, and Platinum Sponsor OneGroup whose generosity continues to make meaningful impact possible.



# 135 YEARS

SUPPORTING THE **COMMUNITY**

Over the past year, **Nascentia Health** continued to build on 135 years of service and community impact, advancing our mission with the support of more than 1,000 dedicated employees. Our talented clinical and administrative teams remain deeply committed to delivering exceptional care to homecare patients and insurance members across New York State. Guided by a legacy rooted in compassion and innovation, our collective efforts not only meet the evolving needs of those we serve, but also strengthen the health, independence, and quality of life of communities throughout the state.



Since opening its doors, **Beeches Manor** has quickly become a beloved gathering place and community staple in Rome. Over the past year, the Manor has welcomed hundreds of events hosting everything from weddings and celebrations to civic forums and community meetings while the Restaurant & Pub has also flourished as a popular dining destination, offering a warm, welcoming experience for both locals and visitors.



**Nascentia Neighborhood** is taking shape as an exciting new chapter in community living for adults age 55 and older in the heart of Rome. By reimagining a longtime local landmark, the project is creating a vibrant neighborhood focused on aging in place, wellness, and connection. As development continues, Nascentia Neighborhood will offer thoughtfully designed housing and amenities that support independence and enhance quality of life for years to come.

# FOUNDATION HIGHLIGHTS



The Nascentia Health Charitable Foundation proudly hosted the second annual **Jazz at Beeches Manor** in Rome, bringing the community together through music and connection. The event celebrated local talent while highlighting the Foundation's commitment to supporting patients and families across the region, creating a shared experience rooted in community, compassion, and care.



Through **Bombas** and its 1 Purchase = 1 Giving program, the Nascentia Health Charitable Foundation helped deliver socks to the Rome Rescue Mission, providing warmth, comfort, and dignity to neighbors in need.

Partnerships like this allow us to extend care beyond the home and make a meaningful difference throughout our community.



The Nascentia Health Charitable Foundation was proud to partner with the **Auxiliary of St. Joseph's Health Hospital** to help pack more than 850 backpacks for local children. For 25 years, this initiative has supported students by ensuring they are prepared for the school year after completing routine physical and dental visits.

Nascentia Health  
TOMORROW'S HEALTHCARE TODAY



# LIGHTING UP THE NIGHT FOR A CAUSE

Nascentia Health proudly hosted the inaugural **DISCO INFERNO** dance party at Beeches Manor in Rome, bringing the community together for an evening of music, connection, and celebration. Guests embraced the spirit of the 1970s, filling the dance floor with energy and creativity through themed attire, live and silent disco experiences, and festive touches throughout the night.

The strong community response highlighted the impact of coming together in support of the Nascentia Health Charitable Foundation and the patients and families it serves. Following the success of its first year, Nascentia Health is excited to again feature DISCO INFERNO in 2026 and continue building this joyful tradition. We are grateful to the sponsors, volunteers, and attendees whose enthusiasm helped make the evening memorable and meaningful.



## SAVE THE DATE!

Nascentia Health  
TOMORROW'S HEALTHCARE TODAY



21+  
Only

## DANCE FOR A CAUSE

Join us for our 2<sup>nd</sup> annual Disco Inferno!

**Friday, April 24, 2026**

5-6 PM | VIP Cocktail Hour

6-9 PM | Dance Party

Beeches Manor | Rome, NY

**PROCEEDS TO BENEFIT THE NASCENTIA HEALTH CHARITABLE FOUNDATION**

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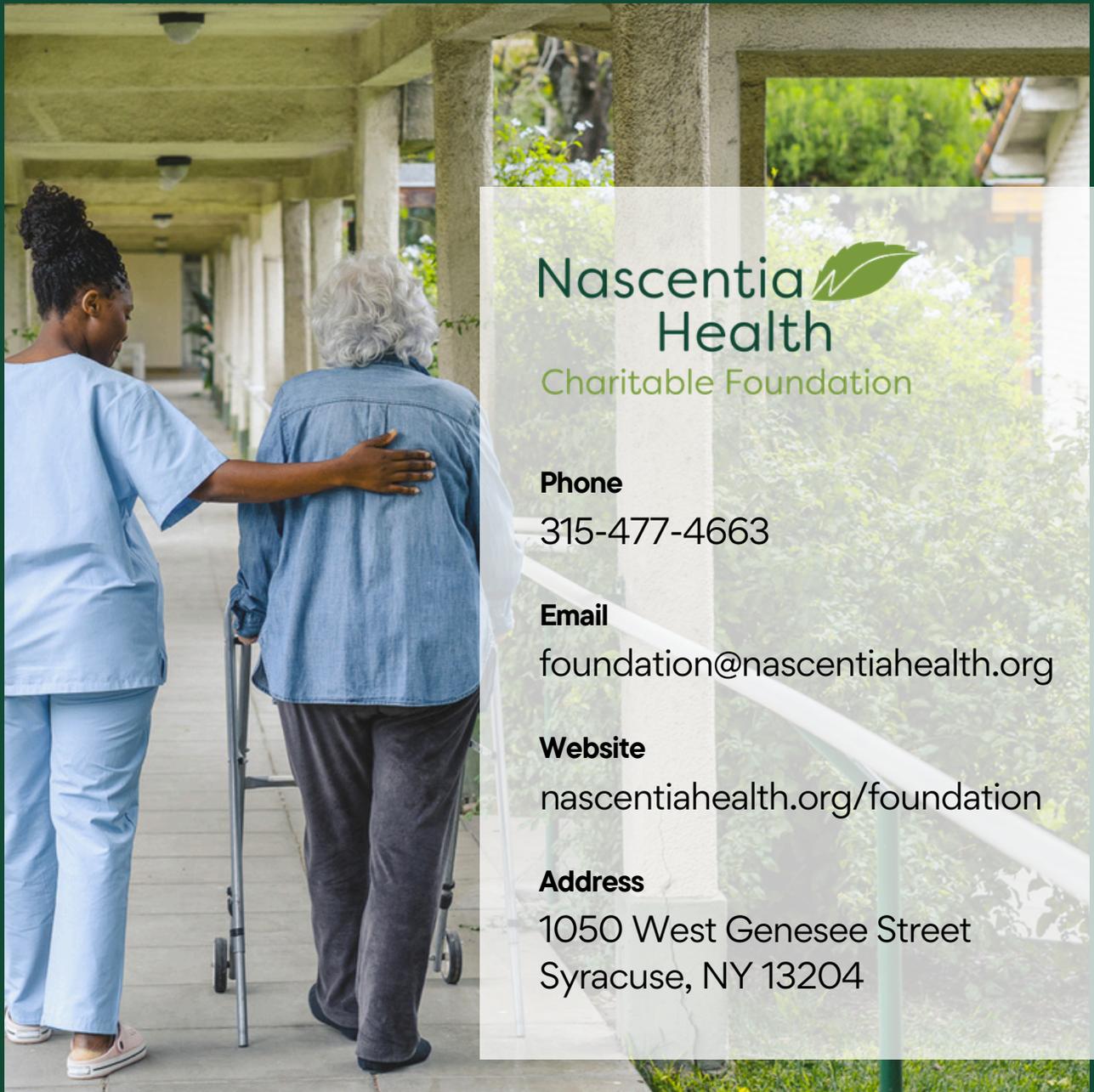
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