

WINTER 2025

LEE & DAQUAN'S PATIENT STORY

by Lee Aldrich, Occupational Therapist

As a pediatric occupational therapist, my client population comprises diverse demographics across the social spectrum. Tailoring your treatment plans to meet the client and caregiver needs is a daily occurrence. Success is achievable with networks of support.

Daquan, a delightful little toddler with down syndrome, has been receiving homecare services over the past year. He is curious, independent, and has been exploring his surroundings with enthusiasm. Daquan's rental home lacked sufficient child proof products. Daquan and his family were nominated then selected for the family holiday giving program sponsored by the Charitable Foundation. Due to the generosity of the Charitable Foundation and Nascentia Health staff, Daquan received with an activity play mat and portable play yard, ensuring a safe place for him to play and grow stronger.

Without the Charitable Foundation's assistance and the generosity of our staff, families would not have the resources to afford the quality or quantity of presents received for the holidays. The toys are developmentally appropriate to promote motor skills, creativity, and cognitive learning for better problem solvers. Daquan's mom snapped the pictures reflecting on the moments of connection, joy, and appreciation touching the hearts of all present in the room. Thank you for helping the most vulnerable clients and their families, I'm proud to be a member of the pediatric team and a Nascentia Health clinician.



FOUNDATION CHAMPION

Margaret Narolis, Pediatric and Maternal Health Clinical Supervisor

When I was a child, I always dreamed of becoming a business owner, and in my early twenties, that dream became a reality when I purchased a convenience store. My life took a profound turn, however, when I had a child who was born with a critical cardiac defect. His medical journey was incredibly challenging, involving numerous cardiac catheterizations and, ultimately, his sixth open-heart surgery was a cardiac transplant. Very early on, I realized that to provide the best care for my son, I needed to better understand his complex medical needs, which inspired me to pursue a career in nursing, and it quickly became my passion.

As I embarked on my nursing journey, I modeled my care after the exceptional qualities I saw in the nurses who cared for my son. Their compassion, skill, and dedication deeply influenced me, and I strive to emulate those qualities in my own practice. Families like mine often face significant challenges, such as one parent needing to forgo work to provide care or endure long hospital stays. This personal experience fuels my commitment to supporting families navigating similar struggles.

The Nascentia Health Charitable Foundation plays a crucial role in easing the burdens faced by these families. The Foundation provides vital assistance, including necessary supplies and support for those struggling to obtain what they need. Before I joined Nascentia, the Foundation made a meaningful difference in my own life by providing my son with a tablet. This gift brought him joy and comfort during our frequent five-hour trips to Boston for medical appointments—a purchase I couldn't afford at the time due to high medical bills and being out of work.

Now, as a part of the Nascentia team, I feel incredibly fortunate to help give back to other families and children. It is deeply rewarding to contribute to a Foundation that understands the unique challenges families face and works to alleviate them. Supporting these families not only honors my son's journey but also allows me to be a part of something truly impactful.





HOLIDAY GIVING

Thank you to everyone who purchased gifts through our giving tree, helped with our wrapping parties, and delivered gifts to make the holiday bright for these kids! Because of your generosity, we were able to give back to dozens of kids and their families.



Nascentia Health
TOMORROW'S HEALTHCARE TODAY

DISCO INFERNO

PROCEEDS TO BENEFIT THE NASCENTIA HEALTH CHARITABLE FOUNDATION INCLUDING THE NASCENTIA HEALTH PEDIATRIC HOME CARE PROGRAM

Saturday, April 5, 2025
6:00 PM VIP Hour
7:00 - 11:00 PM Dance Party
Beeches Manor, Rome, NY

Live & Silent Disco · Dance Contest · Drink Specials
Red Carpet Entry · Costume Contest

VIP: \$75
Early Bird: \$40
At the Door: \$50
21+ Only



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SAVE THE DATE!!

Jazz

AT BEECHES MANOR

SUNDAY - AUGUST 10TH



A NOTE FROM OUR FOUNDATION BOARD CHAIR

by Rachel Galusha

Thank you to everyone who supported Nascentia Health's Raise a Glass event this past October. Thanks to your generosity, we raised over \$140,000 for our Charitable Foundation.



Fundraising events like ours are important because they provide essential support for many of our members. Whether it is helping families in need or assisting our vulnerable elderly patients, our fundraiser helps us make a real impact.

Every dollar we raise helps our mission to increase awareness of our most vulnerable populations, to raise funds to address their unmet needs, and to support the education and development of our in-home care providers. We make every effort to make a tangible difference in the lives of the people and families under our care.

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