

SUMMER/FALL 2024

## CATHERINE & NIVEEN'S PATIENT STORY

by **Catherine Carter**, Physical Therapist

One of the most fulfilling aspects of being a pediatric physical therapist with Nascentia Health is working with children and families from diverse backgrounds. My role focuses on helping pediatric patients access insurance-covered equipment to improve their mobility and safety, though there are essential items that insurance doesn't cover, which can be challenging for many families.

Niveen, a bright 9-year-old girl with Cerebral Palsy, recently came to the U.S. with her family as refugees. While I was able to secure critical items covered by insurance—such as a wheelchair and bath chair—Niveen's needs went beyond what insurance could support. Niveen was being fed on a wood floor, which was uncomfortable and unsafe. I reached out to the Foundation, and they provided a floor mat, neck-support pillow, and positioning cushion.

Her parents also shared concerns about her sleep; Niveen was resting on a thin mattress over a metal frame, increasing her risk of skin breakdown. Once again, the Foundation stepped in, providing a thicker mattress for pressure relief, as well as new pillows and bedding. Seeing Niveen's joy when these items arrived was a reminder of how impactful the Foundation's support truly is.

The Nascentia Health Charitable Foundation is a vital resource for families, bridging the gap for items not covered by insurance. By funding these crucial items, the Foundation helps medically fragile children like Niveen live more comfortably and safely.



**GIVING**  
**TUESDAY**  
**is December 3!**

Please consider making a donation to the Nascentia Health Charitable Foundation. Your one-time or monthly donation helps us support our most vulnerable patients and members, addressing their unmet needs and better serving their well-being across the regions that we serve.

Donate online at  
[nascentiahealth.org/foundation/donate/](https://nascentiahealth.org/foundation/donate/)



## FOUNDATION CHAMPION

**Teresa Krause**, Licensed Medical Social Worker

My journey to being a social worker started in a high school Psychology class. My interest in mental health and helping people led to a BS in Psychology. Upon graduation and seeking employment, the jobs I wanted required a Master of Social Work degree. So, over 30 years ago I obtained the degree and never looked back.

I was fortunate to be at the right place at the right time and was hired as a full time MSW by Visiting Nurses Association upon graduation. I briefly tried a few other settings, but I was drawn back to home care. I love my job. I have the privilege of seeing and helping people in their own homes.

Much of my time over the past several years has been with our wonderful pediatric team. The Charitable Foundation has been instrumental in helping me meet people's needs, especially the pediatric population. Our agency serves several premature babies with respiratory issues. Hot weather often exacerbates issues. The Charitable Foundation was able to provide air conditioners quickly and effortlessly to several of these patients, thus decreasing their risk and chances of re-hospitalization. This represents only one of many positive impacts this foundation has upon our patients.

I started my career at VNA and I hope to continue working at Nascentia until I retire. I cannot imagine working anywhere else.



## FOUNDATION EVENTS RECAP

June 20, 2024

### GOOD NEIGHBOR DAY



Nascentia Health celebrated Good Neighbor Day with the Syracuse Mets, rallying together to make a significant impact. With 209 tickets sold, Nascentia earned a \$2,500 donation from Northland Communications, awarded to the organization with the most ticket sales. The Mets also contributed \$5 for each ticket sold, bringing the final donation to our Foundation to \$3,545.



August 4, 2024

### JAZZ AT BEECHES MANOR



The Nascentia Health Charitable Foundation hosted the first annual Jazz at Beeches Manor in Rome, using music to raise awareness for our services across Oneida, Herkimer, Jefferson, and Madison Counties. The afternoon highlighted our Charitable Foundation, along with the crucial pediatric programs we support, and brought the community together for a meaningful and memorable event.

October 6, 2024

### RAISE A GLASS



Our 12th annual Raise a Glass event was a resounding success, raising over \$135,000! These vital funds will enable us to further support our pediatric patients and programs, as well as provide essential continuing education for our in-home care providers. We're thankful for the generosity of our community and everyone who contributed to this impactful afternoon.



## THANK YOU!

The Nascentia Health Charitable Foundation extends its deepest gratitude to our donors, sponsors, and volunteers. Your generosity and support make it possible for us to provide essential care and services to those in need. Whether through generous contributions, sponsorships, or volunteer hours, your commitment drives our mission forward. Thank you for being an invaluable part of our community and for helping us make a lasting impact.

## SAVE THE DATE!



**APRIL 5, 2025 | BEECHES MANOR | ROME, NY**

For more information, follow Nascentia Health and Beeches Manor on Facebook, Instagram, LinkedIn, and X!

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