

FALL 2023

## KATANA SAFETY BOOSTS SECURITY

by Samantha Gallup

Carrying Katana Safety with me when out on patient visits genuinely boosts my sense of security. Before incorporating Katana Safety into our practices at Nascentia Health, I found myself in situations where it could have been invaluable. Whether it involved navigating dimly lit parking lots during late-night on-call visits, dealing with confrontational family members exhibiting questionable psychiatric conditions, or merely being aware of the less secure neighborhoods that we serve.

After it was implemented to our staff, I affixed my Katana Safety device to the back of my phone, and I always make sure to place it securely in my back pocket. On one particular occasion, while a clinician and I were tending to a patient in an upstairs apartment, the patient's two daughters engaged in a heated verbal altercation downstairs. Unfortunately, they had two small children present in the midst of the argument, and I feared it might escalate into a physical altercation, placing the welfare of a child at risk. I informed the patient that I was activating the "walk with me" feature as a precaution, in case it became necessary to involve law enforcement to intervene. She understood, and thankfully, the situation didn't reach that point. However, having access to such a valuable safety program right in my pocket at all times provided an immense sense of security, not just for myself but also for those children involved.



## FOUNDATION CHAMPION

Anne Fitzgerald,  
Registered Nurse



My nursing adventure began over five decades ago, and it's been quite a ride. I've soared the skies as a flight nurse, and I've been on the frontlines as a travel nurse at Crouse ED. Along the way, I even dabbled in some management roles at Humana, gaining a range of experiences that have enriched my perspective on healthcare.

Eight years ago, I embarked on a new chapter when I joined Nascentia Health. Initially, I thought I'd work for a few years and then retire, but life had different plans for me. I fell in love with pediatric homecare and our incredible pediatric team. Let me tell you, being a Pediatric Case Manager is the most challenging role I've ever embraced, but it's also the most rewarding. The intricacies of caring for young patients demand a special touch, and I've poured my heart and soul into providing unwavering support to both my team and the brave young souls we care for.

Beyond my nursing career, I've embraced adventure in other aspects of life. At the age of 52, I took a daring plunge in the New York State Fair's high dive show, proving that age is just a number.

One significant aspect that has made my journey at Nascentia Health even more fulfilling is the support we receive from the Charitable Foundation. The foundation's tireless efforts make a world of difference in the lives of these children and their families, and I'm incredibly proud to be part of a healthcare system that truly cares.

With the invaluable support of the Nascentia Health Charitable Foundation, my team and I continue to provide compassionate care that leaves an indelible mark on our community.

## RAISE A GLASS

We are excited to announce that, thanks to your incredible support, we were able to raise \$130,000 for the Nascentia Health Charitable Foundation at our annual Raise a Glass event on September 17.

We extend our heartfelt gratitude to each and every individual who played a role in this achievement. Whether you volunteered your time, generously contributed to our cause, or graced us with your presence at the event, your unwavering support has left its mark.

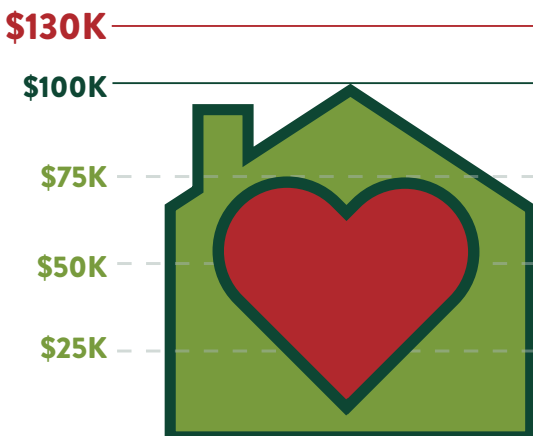
This achievement not only highlights the generosity of our supporters but also underscores the power of collective action and a shared commitment to making a positive difference in the world. We look forward to building on this success and continuing our vital work with renewed energy and purpose. The funds we raised will undoubtedly make a significant impact on our Foundation's mission and the lives it touches.

Thank you once again for being a part of this incredible journey and for helping us realize our vision of a brighter future for those that we serve.



## FUNDRAISING GOAL

Thank you to everyone who helped us reach our 2023 fundraising goal. We have surpassed our original goal by \$30,000!



## FAMILY HOLIDAY GIVING

The Nascentia Health Charitable Foundation is kicking off our Family Holiday Giving program! The goal is to spread holiday cheer by providing gifts to a child and their family, who find the holidays especially difficult, while coping with a child's medical needs.



Please scan the QR code to nominate a child and his/her family by Friday, October 20.