

News & Updates

#### SUMMER 2022

## **PATIENT STORY**

One of our home aides, Michael, serves a 27-year-old patient named Joey with profound disabilities from cerebral palsy who depends on others for care and mobility. About a year ago, his father passed away from COVID, leaving his twin sister solely responsible for his care. Michael suggested that Joey and his sister could benefit from Amazon Alexa devices to increase his independence and improve his speech and articulation. These electronic helpers would take some of the burden off his sister, and improve his ability to communicate and care for himself when it comes to simple daily tasks.

The Foundation purchased an Alexa-compatible smart TV for the patient's bedroom, an Alexa Echo Dot, and Alexa-

Hisense

**Roku TV** 

HDTV H4 SERIES | 32"

compatible smart plug to allow Joey to turn the lights and TV on and off, change channels himself, and make phone calls independently in the event of an emergency. These items greatly improved our patient's ability to be more self-sufficient with everyday small tasks and have given him and his caregiver a better quality of life.

### FOUNDATION CHAMPION

Andrea MacDonald, Clinical Operations Manager

In my nursing career, I have identified many needs of clients and caregivers that would improve or make their lives a bit easier or comfortable but always struggled with the request being caught up in "red

tape" and taking too long to accommodate. When I joined Nascentia seven years ago, I was blessed to discover what our Foundation donations could do for our patients, our staff, and our training program. As simple as getting washcloths and towels for an aide to clean a patient, pots and pans to cook for a client, a bed and linens so a client wouldn't have to sleep on the floor, to a Sit-to-Stand mechanical lift for our training program—in all situations our Foundation came to the rescue. Clinicians can also make requests for medical supplies not covered by insurance and adaptive equipment to increase a client's independence and relieve the caregiver. Sometimes the littlest thing can make the biggest difference!

Our home health aides are our "eyes" on the clients; they know our patients best because they're with them in the most personal way. Working together with the clinicians, they help clients achieve their best quality of life. I encourage you to make requests to the Foundation!

As you can see in the story to the left, Michael, one of our aides, made a request for an Alexa and smart TV so his client wouldn't have to rely on his sister to turn the TV and lights on and off, listen to music when he wanted to, and make phone calls in case of an emergency. What a difference it's made for both the client and caregiver!

## RAISE A GLASS EVENT

Sunday, September 18, 1–4 Lakeshore Yacht and Country Club, Cicero Buy tickets online at <u>nascentiahealth.org/raiseaglass</u>. Employees: \$35; public: \$50.

Please join us for our annual Raise a Glass fundraiser! Take in the views from the beautiful Lakeshore Yacht and Country Club, bid on amazing silent auction items, enter to win one of dozens of employee-created raffle baskets, check out our wine tasting, enjoy delicious food, and more! This event also honors local individuals who have made a positive impact on our community through their good works with our Community Champion Award and our Civic Engagement Excellence Award.

We're currently collecting donations from local businesses for our silent auction and we need your help! If you have a great relationship with a local business, please ask them to consider donating a gift card or item or being a sponsor. Contact Rebecca Lerman at <u>rlerman@477home.org</u> or (315) 477-9547 for our sponsorship/donation packet you can give to potential donors.

# FUNDRAISING GOAL

Help us meet our annual fundraising goal of \$100,000!



#### Meet Rebecca Lerman, Philanthropy Administrator

Anny

Nascentia Health 🖉

What does philanthropy mean to me?

Philanthropy refers to charitable acts or other good works like volunteering your time or skills to help others and contribute to the well-being of society overall. For some people, philanthropy means donation of money, for others, acts of



philanthropy can be spending the day at a food pantry, organizing an event at a local public school or collecting donations for a nonprofit. We give what we can, when we can!

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