Pediatric Zones

**ALL CLEAR—This zone is the goal**

No symptoms or they are mild

- Normal color of lips, skin, tongue
- Normal breathing
- Strong normal cry
- Normal feeding

- Responds normally to social cues
- Moist mucus membranes, moist tongue

**CAUTION—This zone is a warning zone**

Call your Nascentia nurse first at 315-477-4663 with these symptoms

- Color is pale or yellow
- Not responding normally to social cues
- Fussy, crying constantly
- Decreased activity
- Urine output decreased (fewer than 2–3 diapers/day)

- Dry mucus membranes, dry tongue
- Poor feeding
- Nasal flaring, increased respiratory rate
- Temperature above 100.3° Fahrenheit

**EMERGENCY**

Go to the emergency room or call 911

- Pale, mottled, ashen, blue
- No response to social cues, does not wake or does not stay awake
- Weak cry
- Grunting, increased respiratory rate

- Temperature is greater than 100.4° Fahrenheit
- Temperature is less than 97° (immediately bundle)
- Moderate or severe chest retractions

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