

Managed Long-Term Care (MLTC) Medicaid Plan

You want to stay **independent** and safe **in your own home**.

Nascentia Health Options is here to help.

Our comprehensive managed long-term care plan matches you with a care manager who will develop a custom plan to meet your specific needs.

To help you maintain your independence, we offer some of New York's best home-based care services. We focus on giving you the care you need where you want it most—in your own home.



Nascentia 
Health**OPTIONS**

Managed Long-Term Care (MLTC) Medicaid Plan

1-888-477-4663 (TTY 711)

nascentiahealthoptions.org

Atención: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-477-4663. TTY/ TDD llame al 711.

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-888-477-4663。TTY/TDD call 711.

The quality **long-term** care you need to stay in the **home** you love



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Speak to our friendly team today!
1-888-477-4663 (TTY 711)

Learn more online @
nascentiahealthoptions.org

Services



Our skilled team coordinates all of your care, letting you focus on what's important—your health and wellness. Our benefits are centered on what you want most from your insurance.

Key Benefits

- + Care management
- + Home health aides
- + Medication management
- + Medical equipment
- + Therapies
 - + Physical
 - + Speech
 - + Respiratory
 - + Occupational

Additional Services

- + Adult day care
- + Audiology/hearing aids
- + Consumer-directed personal assistance
- + Dental
- + Home safety modifications
- + Home-delivered meals
- + In-home nursing
- + Nutrition services
- + Personal emergency response system
- + Podiatry
- + Telehealth
- + Transportation
- + Vision

Nascentia Health Options

is designed for people who are Medicaid eligible, chronically ill or disabled, and who need long-term care services to stay safely in their homes.

Nascentia HealthOPTIONS


Enroll with our helpful team today!

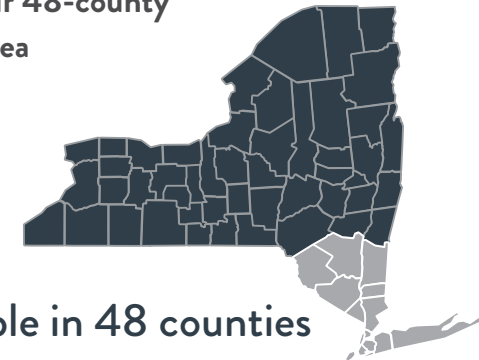
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Eligibility

- + Age 18 or older 
- + Eligible for nursing home level of care (may be required in some cases)
- + Can stay safely at home and in the community at the time you join the plan
- + Need long-term care for at least 120 days
- + Medicaid-eligible
- + Live in our 48-county service area



Available in 48 counties

“Nascentia made sure my mom had all of the services she needed and really went the extra step to coordinate everything for her.”