

# Nascentia HealthPLUS

TOMORROW'S HEALTHCARE TODAY



## Summary of Benefits

Nascentia Skilled Nursing Facility 2021  
(HMO I-SNP Plan 002)



## 2021 Summary of Benefits Nascentia Skilled Nursing Facility

H9066-002 January 1, 2021 - December 31, 2021.

Nascentia Health Plus is a Medicare Advantage Health Maintenance Organization (HMO) Special Needs Plan (SNP) with a Medicare contract and a Coordination of Benefits Agreement with New York State Department of Health. Enrollment in Nascentia Health Plus depends on contract renewal.

The benefit information provided does not list every service that we cover or list every limitation or exclusion. To get a complete list of services we cover, please request the “Evidence of Coverage.” You can also find it online at [www.nascentiahealthplus.org](http://www.nascentiahealthplus.org) or you can call member services at 1-888-477-4663 (TTY 711) with questions you may have.

### ELIGIBILITY:

This plan is an institutional special needs plan (I-SNP)

- Must be enrolled in Medicare Part A and Part B
- Must for 90 days or longer, require or are expected to need the level of services provided in a long-term care (LTC) skilled nursing facility (SNF).
- Must continue to pay your Medicare Part B premium if it's not paid for by Medicaid or another third party
- Must live in the Nascentia Health Plus service area.



Nascentia Skilled Nursing Facility is an Institutional Special Needs Plan for beneficiaries whose condition makes it likely that either the length of stay or the need for an institutional level of care would be at least 90 days. Your ability to enroll will be based on verification that you, for 90 days or longer, have had or are expected to need the level of services provided in a long-term care (LTC) skilled nursing facility (SNF).

Our service area includes the following counties in Upstate New York: Albany, Broome, Columbia, Delaware, Erie, Greene, Niagara, & Onondaga Counties

Except in emergency situations, if you use providers or pharmacies that are not in our network, we may not pay for these services. You can find network providers and pharmacies online at [www.nascentiahealthplus.org](http://www.nascentiahealthplus.org) or you can call and ask for a copy of the Provider and Pharmacy Directories.

You can see our list of covered drugs online at [www.nascentiahealthplus.org](http://www.nascentiahealthplus.org)

This document may be available in other formats such as Braille, large print or audio.

# Nascentia Skilled Nursing Facility

## Exploring Your Options

Choosing the health plan that best meets your needs is an important decision. There are various options to explore and compare. This Summary of Benefits booklet provides you with a brief overview of what Nascentia Skilled Nursing Facility covers and what you would pay.

You can compare our plan with other Medicare health plans using the Medicare Plan Finder online at [www.medicare.gov](http://www.medicare.gov) or asking the other plans for their Summary of Benefits booklets.

For coverage and costs of Original Medicare, look in your current “Medicare & You” handbook. View it online at [www.medicare.gov](http://www.medicare.gov) or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

## Medicare & More

Nascentia Health provides you with even more benefits than you get with Original Medicare. Be sure to review the Evidence of Coverage document for full benefit information. You can access it at [www.nascentiahealthplus.org](http://www.nascentiahealthplus.org), or you can call 1-888-477-4663 (TTY 711), 7 days a week from 8:00am - 8:00pm to request a copy.

FOR MORE INFORMATION, PLEASE CALL US AT:

1-888-477-4663 (TTY 711)  
7 days a week, 8:00am - 8:00pm October 1<sup>st</sup> - March 31<sup>st</sup>  
Monday - Friday, 8:00am - 8:00pm the rest of the year  
or visit us at [www.nascentiahealthplus.org](http://www.nascentiahealthplus.org)

## COMBINED PART C & D PREMIUM, DEDUCTIBLE & LIMITS

If you don't qualify for Low-Income Subsidy (LIS), you pay the Medicare Part D cost share as outlined in the Evidence of Coverage. If you do qualify for LIS you pay:	
Part D Premium	\$0 to \$42.30 per month, depending on the level of Extra Help
Part D Deductible	\$0 or \$92, depending on the level of Extra Help
Monthly Plan Premium	\$0 for Part C benefits  You must continue to pay your Medicare Part B Premium.
Annual Deductible	\$0 There is no deductible for Part C benefits
Maximum Out-of-Pocket (does not include prescription drugs)	\$7,550 annually (includes co-insurance for medical services per year)

# Nascentia Skilled Nursing Facility

PREMIUM, DEDUCTIBLE AND LIMITS	
Monthly Plan Premium	\$0 for Part C benefits You must continue to pay your Medicare Part B Premium
Annual Deductible	\$0 There is no deductible for Part C benefits
Maximum Out-of-Pocket (does not include prescription drugs)	\$7,550 annually (includes co-insurance for medical services per year)
COVERED MEDICAL AND HOSPITAL BENEFITS*	
Inpatient Hospital Care	You pay the original Medicare Cost sharing amounts. \$1,452 deductible for each benefit period \$0 copay days 1-60 for each benefit period \$363/day for days 61-90 for each benefit period \$726/day for days 91-150 for each benefit period
Outpatient Hospital	20% co-insurance of Medicare-covered services
Doctor Office Visits	20% co-insurance per visit for primary care and specialists
Preventive Care	\$0
Telemedicine	\$0 coinsurance and no authorization required

## PREMIUM, DEDUCTIBLE AND LIMITS

### Medicare Covered Preventive Care Including:

- Abdominal aortic aneurysm screening
- Alcohol misuse counseling
- Annual “wellness” visit
- Bone mass measurement
- Breast cancer screening (mammogram)
- Cardiovascular disease (behavioral therapy)
- Cardiovascular screening
- Cervical and vaginal cancer screening
- Colorectal cancer screenings (colonoscopy, fecal occult blood test, flexible sigmoidoscopy)
- Depression screening
- Diabetes prevention program
- Diabetes screenings and monitoring
- HIV screenings
- Lung cancer screenings
- Medical nutrition therapy services
- Obesity screenings and counseling
- Prostate cancer screenings (PSA)
- Sexually transmitted infections screenings and counseling
- Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease)
- Vaccines, including flu shots, hepatitis B shots, pneumococcal shots
- “Welcome to Medicare” preventive visit (one-time)

And any preventive services approved by Medicare will be covered

\*All Cost sharing in this Summary of Benefits is based on your level of Medicaid Eligibility

# Nascentia Skilled Nursing Facility

## COVERED MEDICAL AND HOSPITAL BENEFITS\*

Over-the-Counter (OTC) Items	\$105 per month
Emergency Care	20% co-insurance, up to \$90
Urgently Needed Services	20% co-insurance, up to \$65
Diagnostic Services, Labs and Imaging	20% co-insurance of Medicare-covered services (includes diagnostic tests, procedures, labs, radiology, and x-rays)
Hearing Services	1 Routine hearing exam; fitting/evaluation for Hearing Aid \$1,200 hearing aid coverage (both ears) yearly 20% co-insurance of Medicare-covered services
Dental Services	20% co-insurance of Medicare-covered services
Vision Services	20% co-insurance of Medicare-covered services \$0 co-insurance for routine exam
Routine Eye Exam 1 per year Routine Eye Wear (lenses & frames)	\$355 upgrade available for frames, lenses, or contact lenses per year
Mental Health Care	20% co-insurance of Medicare-covered services
Skilled Nursing Facility (SNF)	You pay the original Medicare Cost sharing amounts Up to 100 days covered in a SNF, requires 1 hospital day prior to SNF admission \$0 copay days 1-20 \$181.50/day for days 21-100
Physical Therapy	20% co-insurance of Medicare-covered services
Acupuncture	12 visits in 90 days for chronic low-back pain lasting 12 weeks or longer and having no known cause. Additional 8 sessions if pain is not associated with surgery or pregnancy and improvement is shown. No more than 20 treatments yearly and not covered for any condition other than chronic low-back pain.
Ambulance	20% co-insurance of Medicare-covered services
Part B Drugs	
Chemotherapy	20% co-insurance of Medicare-covered services
Other Part B Drugs	20% co-insurance of Medicare-covered services

\*All Cost sharing in this Summary of Benefits is based on your level of Medicaid Eligibility

# For Enrollment Questions Please Call:

**1.888.477.4663**  
**TTY 711**

8:00am - 8:00pm, 7 days a week from October 1 - March 31,  
then Monday - Friday for the rest of the year.

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Or access information online at  
**[nascentiahealthplus.org](http://nascentiahealthplus.org)**

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Limitations, copayments, and restrictions may apply. Benefits, formulary, pharmacy network, premium and/or co-payments/co-insurance may change on January 1 of each year. You must continue to pay your Medicare Part B premium. The formulary pharmacy network, and/or provider network may change at any time. You will receive notice when necessary. Nascentia Health Plus complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.



TOMORROW'S HEALTHCARE TODAY

1050 West Genesee Street  
Syracuse, NY 13204

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